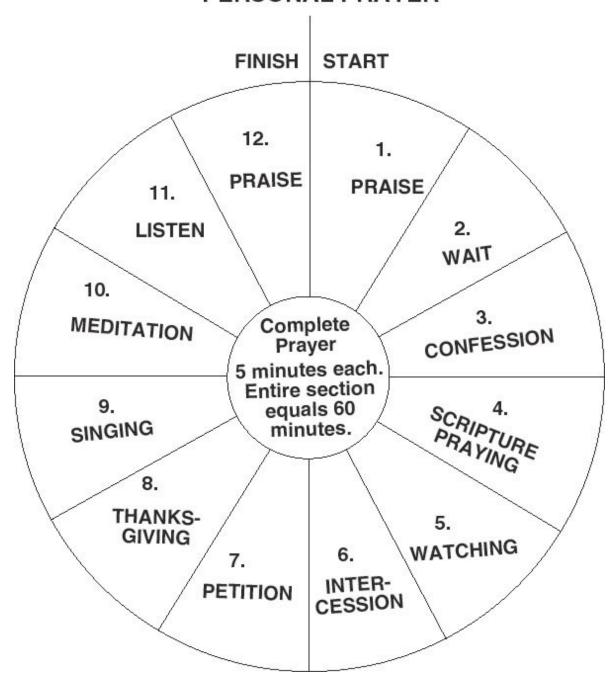
STEPS FOR PERSONAL PRAYER



Complete Prayer can be 1 minute each, for a total of 12 minutes; or, 2 minutes each, for a total of 24 minutes, or 3 minutes each, for a total of 36 minutes, etc. This gives you a general guideline for separating out the 12 different phases, or aspects, of prayer!